



DISABILITY PUBLIC SWIM SESSION

Every Wednesday

From 10.30am - 11.30am

At Newark Sports and Fitness Centre

Both our pools will be open to adults with a disability
to access a leisure or laned swim

£3.10 per person - carer goes free

If you have any questions about this session, accessibility or changing provision please contact Helen Ellison on 01636 655701, alternatively email helen.ellison@active4today.co.uk

Our Centres:

Blidworth

01623 466266

Dukeries (Ollerton)

01623 862469

Newark

01636 655780

Southwell

01636 813000

www.active4today.co.uk